



PRIDE+ Staff Network Bulletin

December 2024 - January 2025

News

[GPs halting transgender patients' hormone treatment or refusing prescriptions, investigation reveals](#)

The Independent

Transgender men and women are increasingly having crucial hormone treatment withdrawn by NHS doctors, an investigation has found. Trans patients and staff at NHS gender services have said that cases of people being refused hormone replacement therapy (HRT) or having the medication withdrawn are on the rise.

[Huge resurgence in homophobic insults in schools – campaigner](#)

BBC News

Children as young as seven are using homophobic language, with a "huge resurgence" in offensive insults in schools, according to a former teacher and consultant.

[Layla McCay named in top 100 LGBTQ+ executives role model list](#)

NHS Confederation

The NHS Confederation's Director of Policy, Dr Layla McCay, has been recognised on the 2024 Outstanding Role Model 100 LGBTQ+ Executives list. Layla has made a huge impact in leading LGBTQ+ inclusion across health and care and at the NHS Confederation. Layla champions authentic leadership, bringing LGBTQ+ inclusion in all aspects of her work.

[New data shows bi+ women and trans people are more likely to experience domestic abuse](#)

DIVA

New data from the Crime Survey for England and Wales shows us that LGBTQIA people remain significantly more likely to experience domestic abuse compared with their cis/het peers. 4.5% of cis/het people have experienced domestic abuse, compared to 6% of lesbian and gay people and more than 9% of bi+ people. Being trans is also associated with a significantly higher risk of domestic abuse, with 9.8% experiencing abuse.

Guidelines, Policies and Reports

[The illusion of inclusion? LGBTQ+ staff experience in healthcare](#)

NHS Confederation

The NHS Confederation's Health and Care LGBTQ+ Leaders Network represents over 2,000 LGBTQ+ leaders, aspiring leaders and allies working across health and care. It conducted its largest ever survey with its members in August 2024, which aimed to uncover the realities of LGBTQ+ staff experience in the NHS and benchmark any progress made with organisational inclusion.



Research briefings

[Conversion practices: the PRIDE study explores harms experienced in the LGBTQIA+ community](#)

The Mental Elf

The PRIDE study, published recently in The Lancet Psychiatry, provided data by means of a national, and long-term cross-sectional study. This study aimed to take a closer look at mental health outcomes across the intersections of gender and sexual orientation identities within the LGBTQIA+ community with or without a recalled experience of conversion practices.

Published research

Transgender people's experiences of hospitalization: A qualitative metasynthesis [email library.lincoln@ulh.nhs.uk to request article]

Journal of Advanced Nursing

Transgender people's healthcare experiences during hospitalization were mainly negative, delayed or uncomfortable. Misgendering and lack of awareness of transgender issues among healthcare workers generated anxiety and frustration. Key aspects of care for transgender people need to be included in all training programs for health professionals.

Blogs / Commentary / Editorials / Opinion Pieces

[2 in 3 trans people suffer from poor mental health](#)

DIVA

A new report has revealed the staggering number of trans people suffering from depression, anxiety and other mental health conditions. The report surveyed over 2000 people across 75 countries. It highlighted the critical mental health challenges faced by trans people, including the prevalence of depression, anxiety and PTSD. The report can be downloaded [here](#).

['Being LGBTQ and disabled is hard, but it taught me to advocate for myself – especially in our health system'](#)

Attitude

To mark Disability History Month, Just Like Us ambassador Simone Penn writes for Attitude about the experience of navigating the NHS as a queer woman with chronic illness.

[Get involved in LGBT+ History Month 2025](#)

NHS Employers

LGBT+ History Month takes place in February and is an opportunity to celebrate achievements and support LGBTQ+ staff. This year's national theme is activism and social change, celebrating LGBTQ+ people's contribution towards creating a society that is more inclusive.

[How can we support LGBTQ+ medical students?](#)

BMA

Despite societal progress, medical schools and hospital environments often lag in fostering inclusivity and support, leaving many LGBTQ+ students feeling isolated and unsupported. The BMA's survey with GLADD on attitudes to gender identity and sexual orientation in medicine found that



only 46% of LGBTQ+ doctors, and 34% of trans or gender diverse doctors, felt comfortable being open at work.

[New research: 77% of LGBTQ young people have faced workplace sexual harassment](#)

The Conversation

Unwanted sexual attention and behaviour are a persistent problem in many workplace cultures. But the workplace sexual harassment of LGBTQ employees is often overlooked. Broad population studies show LGBTQ people experience sexual harassment in the workplace at disproportionately higher rates than heterosexual women.

[New research shows almost 40% of LGBTQ+ employees still hide their identity at work](#)

Stonewall

As LGBTQ+ History Month begins, new research has highlighted the extent of workplace discrimination faced by LGBTQ+ people in the UK. Over a third of employees (36 per cent) have heard discriminatory comments made about an LGBTQ+ colleague. Three in ten LGBTQ+ employees (31%) wouldn't feel comfortable reporting discrimination if they experienced homophobic or biphobic bullying or harassment.

[‘The best is still ahead’: I spoke with LGBTQ+ people on ageing well. This is what they told me](#)

The Conversation

What does it mean to live and age well? My doctoral research sought to understand this from the perspective of LGBTQ+ people of diverse cultural backgrounds in Australia. I spoke with 14 people aged 50 and above about their hopes and fears of ageing.

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

Shame-Sex Attraction: Survivors' Stories of Conversion Therapy by Lucas Wilson

This edited collection brings together the experiences of those who have been subjected to queer conversion therapy - it is an effort to expose conversion practices for what they are - pseudoscientific, bogus, ineffective, and wildly traumatic - and to recognise and listen to survivors.

The Pairing by Casey McQuiston

The bestselling author of *Red, White and Royal Blue* and *One Last Stop* spins another irresistible and inclusive romcom, as two bisexual exes embark on a European hookup competition to prove that they are really over each other.

Disappoint Me by Nicola Dinan

The author of the bestselling *Bellies* spins another engrossing, heartfelt story of love, loss and the challenges of being true to yourself, as a poet-cum-legal councillor trans woman decides to take a stab at heteronormativity.



Library Services

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Can't find the information you need? We can do literature searches for you:
<https://www.nhslincslibrary.uk/search-request/>

We can provide training on how to search healthcare databases and resources as well as showing you how to appraise the information that you find:
<https://www.nhslincslibrary.uk/training/>

Online Resources

BMJ Best Practice is a clinical decision support tool that provides step-by-step guidance on diagnosis, prognosis, treatment and prevention of a wide variety of conditions:
<https://bestpractice.bmj.com/oafed>

ClinicalKey is a database which supports healthcare professionals by providing access to the latest evidence across specialties: <https://www.clinicalkey.com/>